**Supporting Information 5**

Detailed CASP quality results

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| CASP Criteria | Brierley-Jones, 2014 | Emslie, 2012 | Emslie, 2013 | Lyons, 2014 | Foster, 2010 | Foster, 2013 | Orford, 2002 | Rolfe, 2006 | Orford, 2009 | Ritchie, 2007 | Wilson, 2013 |
| **Was there a clear statement of the aims?** | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| **Is a qualitative methodology appropriate?** | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| **Was the research design appropriate to address the aims of the research?** | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 2 | 1 | 2 |
| **Was the recruitment strategy appropriate to the aims of the research?**  | 2 | 2 | 1 | 1 | 1 | 1 | 2 | 1 | 2 | 2 | 2 |
| **Was the data collected in a way that addressed the research issue?** | 2 | 2 | 1 | 1 | 1 | 1 | 2 | 2 | 2 | 2 | 2 |
| **Has the relationship between researcher and participants been adequately considered?** | 0 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 0 |
| **Have ethical issues been taken into consideration?** | 2 | 2 | 2 | 2 | 1 | 1 | 0 | 2 | 0 | 0 | 2 |
| **Was the data analysis sufficiently rigorous?**  | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 2 | 0 | 2 |
| **Is there a clear statement of findings?** | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| **How valuable is the research?**  | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 1 | 2 | 2 |
| **Total score / 20** | **16** | **16** | **15** | **14** | **14** | **13** | **15** | **14** | **15** | **13** | **18** |